

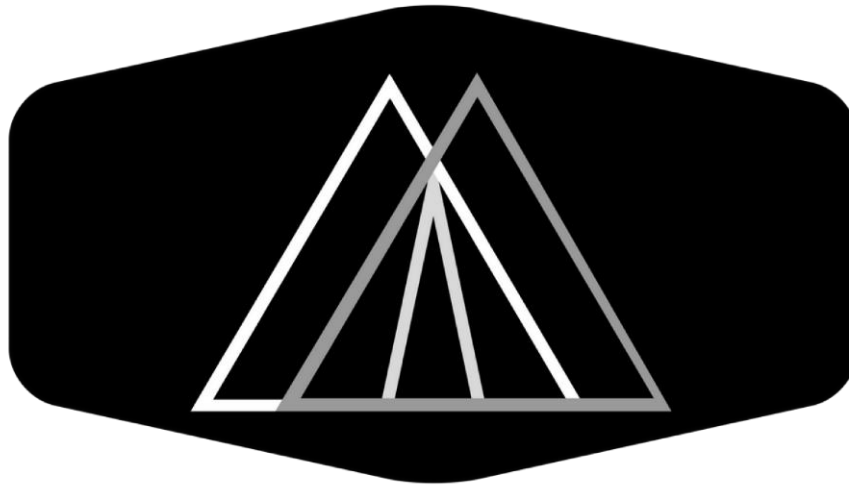
# VOCABULARY WORKBOOK

AN EASY WAY TO STUDY AND MEMORIZE WORDS





<https://www.instagram.com/metaforanotavel/>



ΜΕΤΑΦΟΡΑ ΝΟΤΑΒΕΛ



**+351 961 960 723**

# Topic: VERBS

1. TO BE ( AM, ARE, IS, WAS, WERE)	2. TO DO	3. TO SUDY
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.

# Topic: ADJECTIVES, EMOTIONS AND FEELINGS

1. BEAUTIFUL	2. SAD	3. ANGER
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.

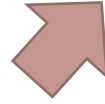
# Topic: PREPOSITIONS AND ADVERBS

1. IN, ON, AT	2. UNDER	3. WELL
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.



# PARTS OF THE HOUSE

**FOOD AND  
DRINK**





**COUNTRIES  
AND  
NATIONALITIES**

# Topic: BODY AND HEALTH

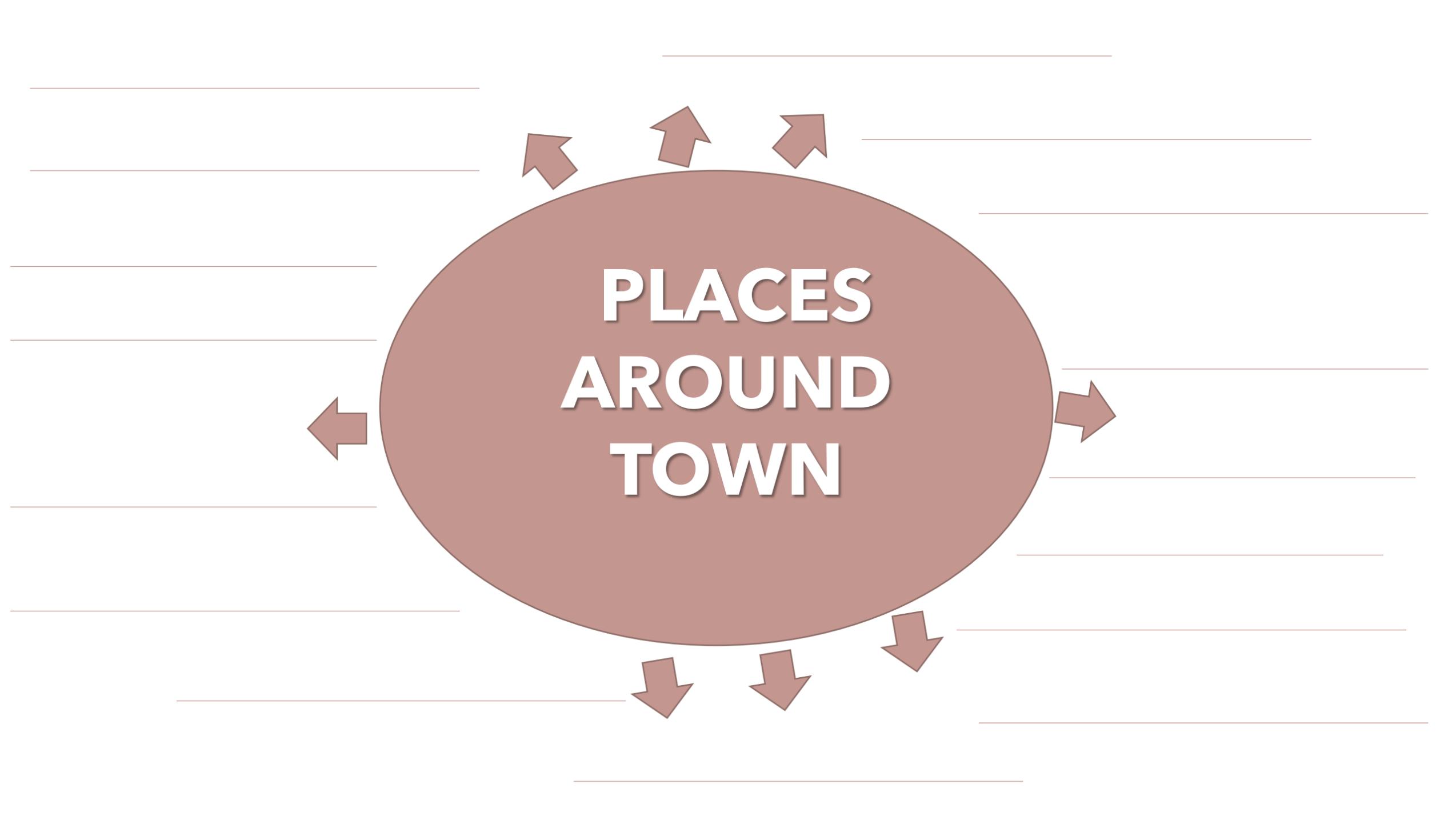
1. HEAD	2. SICK	3. THROAT
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.

# Topic: JOBS AND OCCUPATIONS

1. STUDENT	2. TEACHER	3. POLICE OFFICER
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.

# Topic: FAMILY AND DAILY ROUTINE

1. FATHER	2. WAKE UP	3. SISTER-IN-LAW
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.



**PLACES  
AROUND  
TOWN**

**FALSE  
COGNATES**



# Topic: TYPES OF MUSIC AND MOVIES

1. ACTION	2. ROCK 'N ROLL	3. COMEDY
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
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11.	20.	29.
12.	21.	30.

# Topic: NEW EXPRESSIONS

1. PIECE OF CAKE!	2. HOLD YOUR TONGUE!	3. DO ME A FAVOUR!
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.



# CLOTHES AND COLOURS



**FURNITURE  
AND  
APPLIANCES**



# **SPORTS AND EXERCISE**

# Topic: ENVIRONMENT

1. POLLUTION	2. FLOODS	3. GLOBAL WARMING
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.

# Topic: WEATHER AND SEASONS

1. HOT	2. SPRING	3. FOG
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
11.	20.	29.
12.	21.	30.



# PHRASAL VERBS



# ANIMALS AND PETS



**SYNONYMS**  
**ANTONYMS**

# Topic: BRITISH X AMERICAN ENGLISH

1. SWEET X CANDY	2. FLAT X APARTMENT	3. COLOUR X COLOR
4.	13.	22.
5.	14.	23.
6.	15.	24.
7.	16.	25.
8.	17.	26.
9.	18.	27.
10.	19.	28.
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# ADVANCED TIPS:

<https://www.thefreedictionary.com/>

WORD	MEANING	MY EXAMPLE IN A SENTENCE
Knowledge	The state or fact of knowing; the facts, feelings, or experiences known by a person or group of people	A body without knowledge is like a house without a foundation – Hebrew proverb
Monotonous	<b>1.</b> Sounded or spoken in an unvarying tone: <i>a monotonous droning voice</i> . <b>2.</b> Tediously repetitious or lacking in variety. See Synonyms at <a href="#">boring</a> .	All I know is that I am on this absurd and monotonous walk.
Environment	1. <u>The</u> totality of the natural world, often excluding humans 2. A subset of the natural world; an ecosystem:	They care about the quality of life and their environment.

# ADVANCED GRAMMAR NOTES:

VERB TENSE	USE	EXAMPLE
PRESENT SIMPLE	Actions, routines, permanent situations, and facts.	<ul style="list-style-type: none"><li>• I always go to school by bus.</li><li>• She studies in the afternoon.</li><li>• Do you speak English?</li></ul>
SIMPLE PAST	The <i>Simple Past</i> is used to talk about actions or situations in the past	<ul style="list-style-type: none"><li>• They arrived at 7 o'clock.</li><li>• He went to Paris last year.</li><li>• Did you write an e-mail yesterday?</li></ul>
FUTURE: WILL	predictions or promises, decisions made at the moment.	<ul style="list-style-type: none"><li>• Next month I'll probably travel to Paris.</li><li>• Will you go to the party?</li></ul>
FUTURE: GOING TO	Planned intentions or actions.	<ul style="list-style-type: none"><li>• I'm going to spend the weekend in London.</li><li>• Where are you going to travel next holiday?</li></ul>
PRESENT PERFECT	For something that started in the past and continues in the present. when we are talking about our experience up to the present. for something that happened in the past but is important in the present	<ul style="list-style-type: none"><li>• They've been married for nearly fifty years.</li><li>• She has lived in Liverpool all her life.</li><li>• I've seen that film before.</li><li>• I can't get in the house. I've lost my keys.</li><li>• Have you ever met George? Yes, but I've never met his wife.</li></ul>

# LITTLE READING

A lot of people are always asking, "How do I improve my English?" There are many possible answers, but here are just a few pieces of advice.

## **Be responsible for your own learning**

Sure you have teachers, reading materials, and websites to help you with your English, but who is really responsible for making sure you learn English well? Nobody but you. Make sure you are the one who is taking charge of your own learning.

## **Immerse yourself in English as much as possible**

*Immerse* means to be surrounded by something. If you are immersed in English, it is all around you. Of course this isn't always possible, but you can do some things to surround yourself in English from time to time.

**Listen to the radio in English.** If there are no English radio stations where you live, listen to one on the internet.

**Watch TV and movies in English.** If you have English channels on your TV, watch them. If they have subtitles (the words written in your language) underneath the picture, see if they can be turned off. Some people even tape paper across the bottom of the screen so they can't see the words. Most DVD's are great because you can choose the language you want to hear.

**Speak English to your friends.** Get a conversation buddy (friend) and speak in English as much as possible. If it is a person whose native language is the same as your own, you may feel silly speaking in English at first. But don't worry. Continue to do it and it will become more natural to you. Finding friends whose native language is English is even better. Ask your friend to correct you when needed.

**Study or travel to an English-speaking country.** Of course the best way to immerse yourself in the English language is to live in an all English environment. You'll find yourself surrounded with the language everywhere you turn. It can be a more difficult and expensive choice, but you may find it to be a very valuable and helpful experience.

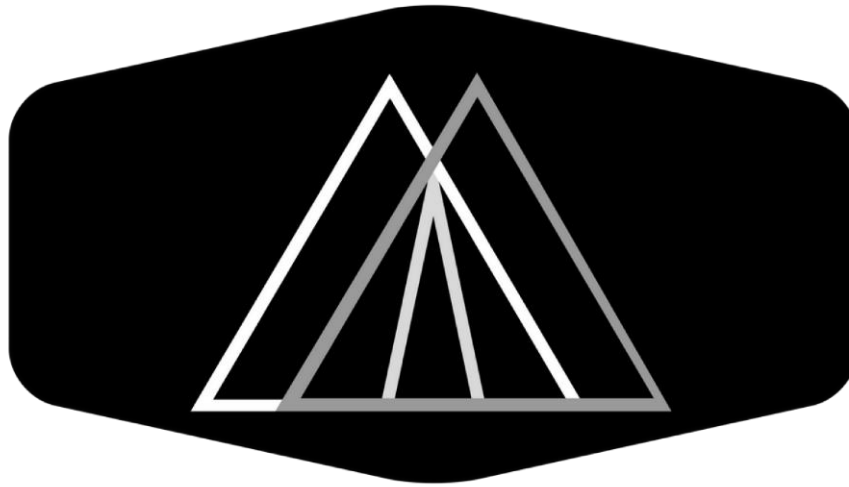
**Other ideas.** Take an English class, join an English group, find a tutor, read English magazines. Do whatever you can to immerse yourself in the language.

## **Monitor yourself**

This means to pay attention to how you use English. Think (a little) about how you are going to say something before it comes out of your mouth. But don't think about all of the problems you have in English at the same time. Just choose something you know you are having difficulty with and work on using it correctly. For example, if you know that you have problems remembering to use *a*, *an*, and *the*, spend a few days trying to put them into sentences as you speak. Don't worry about anything else. Concentrate on that. When you feel that you are improving, choose something else to work on. Just keep trying and little by little, your English will get better everyday.



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